

BECAUSE HE IS *Our Father*

During Lent and leading up to Easter, we want to grow in prayer and in our understanding of God. Therefore, in these next 6 weeks we will go through the Lord's Prayer and connect it to God's Word to understand more of who God is and how we should pray.

Our Father in Heaven

Oftentimes when we think of a father, we think of someone who loves and cares for us. Similarly, God is our Father and He treats us as His children. We will be looking deeper into what "God is our Father" means, as well as how we can grow to pray and love God as our Father!

Matthew 6:9

This then is how you should pray:
"Our Father in heaven..."

THEME

BECAUSE HE IS *Our Father*

- He *cherishes* us
- He *teaches* us
- He *sacrifices* for us

God *teaches* us

Proverbs 3:11-12 (ESV)

11 My son, do not despise the LORD's discipline or be weary of his reproof, 12 for the LORD reproofs him whom he loves, as a father the son in whom he delights.



- God teaches us and disciplines us because He wants us to know what is good.
- He uses people and situations to teach us what His will is and how to follow Him with obedience .

God *cherishes* us

Matthew 10:29-31 (ESV)

29 Are not two sparrows sold for a penny? And not one of them will fall to the ground apart from your Father. 30 But even the hairs of your head are all numbered. 31 Fear not, therefore; you are of more value than many sparrows.



- God is a Father who loves us, knows us, and cares for us deeply.
- He is a God that loves us so much more than anything else.
- Because He is good, He gives us everything we need and protects us from harm - we need not fear or worry!

SCRIPTURE



God *sacrifices* for us

Romans 8:32 (ESV)

32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?



- God sacrificed His own Son for us, even though in our sin we didn't deserve anything.
- God is willing to give up everything so that we can love Him with everything.

GOD IS
Our Father

Reflection Questions

- What is your relationship with God like?
- What aspect of God as a Father do you struggle to believe in?
- How has God been loving and kind to you?



Let's Pray!

One of the most important ways to grow in our relationship with God is to spend time with Him in prayer. Prayer is simply a conversation and way to communicate with God our different thoughts, emotions, and feelings.

Prayer Topics

Here are some prayer topics to pray throughout the week:

- Pray for those in Hong Kong to experience God's love for them, despite whatever difficulties and struggles they might be going through.
- **Building Blocks (Children)** - For our children, families and teachers to grow in deeper faith, trust and delight in Christ
- **Focus (Single Adults)** - For people to experience true freedom through the Gospel and to respond by sharing God's grace and extending His love to others.
- **Covenant (Married Couples)** - Spiritual growth and breakthrough to strengthen Christ-centered family relationships so that we can be a witness and serve others



What can I do next?

- Lift up a praise on how God has been your Father today!
- Write down one way you can love, teach, or sacrifice for others to help them experience God's love!



Article:
God as Father



Song:
Run to the Father



GOD IS
Our Father